

HealthyBites™

Lunch Program Registration

We are happy to announce that Healthy Bites will continue to serve lunches for the 2010/2011 school year! It is our mission to offer fresh, nutritious lunches, which reflect the values and tastes of our community and follow Canada's Food Guide to Healthy Eating. We welcome all students, regardless of food restrictions, allergies, or just plain old pickiness! We also offer a subsidy to those families who cannot afford to pay the registration fee. Register now for the Healthy Bites lunch program beginning on Tuesday, September 14, 2010. Deadline to sign up is Tuesday, June 15th! Previous participants must re-register for September.

You may sign up for two days per week (Wednesdays and Thursdays) for \$22/month, or for three days per week (the addition of Tuesday which offers a bagged lunch for students) for \$33/month.

Required Information*:

*Parent/Guardian Name: _____ *Today's Date: _____

*Parent/Guardian Signature _____ *Email: _____

*Telephone (Daytime & Evening): _____

*Student's Name _____ *Grade _____ (in 2010/11)

*Please check one:

Wednesdays and Thursdays Tuesdays, Wednesdays and Thursdays

*Please list any special health or dietary concerns including food allergies (if any): _____

The program begins on Tuesday, September 14, 2010 and will be offered every Tuesday, Wednesday and Thursday for the 2010/11 school year. The cost is either \$22 per month (2 days, Wed/Thurs) or \$33 per month (3 days, Tues/Wed/Thurs), no adjustments and no refunds for missed lunches. There is no daily fee. **All participating students must be registered.**

Only cash or cheque in full \$220 (2 days/week) or \$330 (3 days/week), or 10 post-dated cheques of either \$22 or \$33 each will be accepted. **Payment must be submitted with the application by June 15th.** Cheques must be dated for either the 1st or the 15th of each month (to ensure timely deposits) and be made out to *John English Healthy Bites*. Participation to the program is for the entire school year.

(Please note that you will be charged \$10 per NSF cheque. If more than two cheques are NSF, full cash payment will be requested.)

If you have any questions please contact Cindy Kelly at Healthybites@johnenglish.ca

Healthy Bites is dependant on volunteers to run the program. If you can help with any aspect of the program please let us know. I would be willing to assist the program by volunteering: ___ Yes ___ No

I would like to request an application for subsidy ___ Yes